

Coffee Break

Laguna Beach PTA Parent Education

Special Evening
Presentation!

The Price of Privilege: How can kids who have so much feel so unhappy?

What drives well-meaning, affluent parents to be over-involved in the wrong things and under-involved in the things that kids need most?

Parents are anxious about their child's success in a competitive world. Becoming more focused on the external measures of achievement, parents often overlook the critical parenting functions of monitoring, limit setting, and quiet availability. Parents may intervene on behalf of their child instead of encouraging his own efforts to struggle and master problems—key steps in developing a “self”. Kids may live in a lavish house but their internal “home” is empty.

Dr. Levine offers styles of consistent parenting, creating real boundaries, and cultivating warmth without trying to be your child's friend.

Madeline Levine, PH.D.

Dr. Levine is a clinical psychologist with 25 years of experience in child and adolescent problems and parenting issues. She has received national acclaim for her book, *The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids*. She consults with schools nationwide and has appeared on *CBS Evening News*, *NewsHour* with Jim Lehrer, BBC, and NPR.

Wednesday,
February 13, 2008
7 to 9 PM
The Surf and Sand Hotel

Learn About:

- Challenges to effective parenting in the culture of affluence
- What kids need most to have a healthy internal self
- The tough job of being the “Bad Cop”—firmness, monitoring and containment
- How to combine warmth with discipline and avoid shaming
- The difference between supporting your child's needs and your own needs
- How to give your kids coping skills to handle frustration and disappointment
- How to stress learning over performance and striving for excellence over perfection

Coffee Break is supported by the Laguna Beach PTA Council, The Foundation for the Contemporary Family, School Power, and the Surf & Sand Hotel. Due to the open forum with interaction from participants, opinions not sanctioned by the school district or the PTA may be expressed.

Questions? Contact Judith Anderson at 949-494-0447 or drjza@drjudithanderson.com.